



## Indoor Air Quality Control Measures

*Implementing some of the control measures listed below will help improve indoor air quality. A severe problem associated with any of these items may require immediate corrective action.*

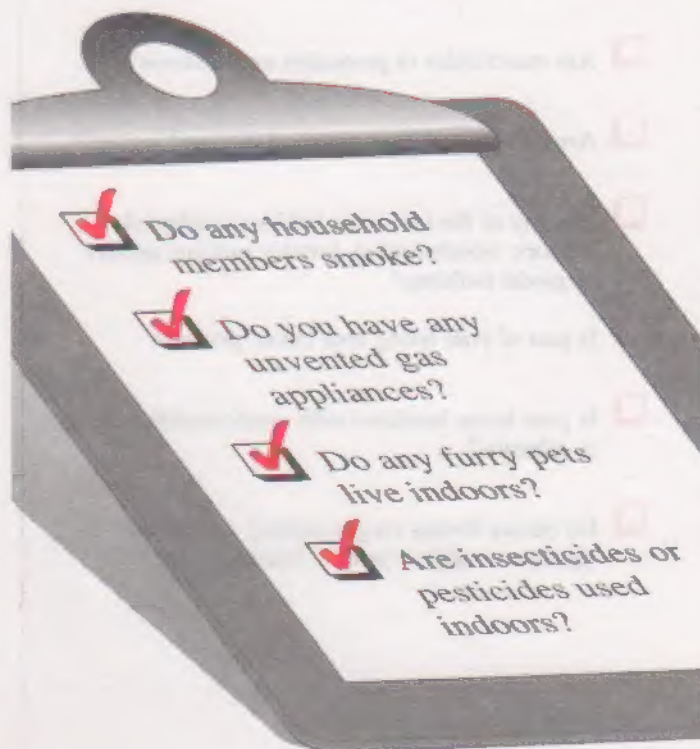
- Do not allow smoking in your home. Ask smokers to confine smoking outdoors.
- Leave doors between rooms open most of the time.
- Leave some windows partially open when possible.
- Install exhaust fans in bathrooms.
- Fit gas ranges with hood fans that exhaust outside. Use the fan or open a window while cooking.
- Install an outdoor air intake to return air ductwork of a forced-air system.
- Have furnace, gas water heater and clothes dryer inspected regularly.
- Clean air conditioners, humidifiers and heat exchangers regularly.
- Test for radon levels in your home.
- Air cleaning devices may be of help by keeping your home cleaner and more comfortable.

*Call your local American Lung Association at 1-800-LUNG-USA for more information about the air quality in your home.*

 **AMERICAN LUNG ASSOCIATION.**  
1-800-LUNG-USA  
(1-800-586-4872)

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## Home Indoor Air Quality Checklist



**Honeywell**

*Partners in Indoor Air Quality Education*

## Home Indoor Air Quality Checklist

*The average American is indoors nearly 90 percent of the time, and more than half of this time is spent in the home. This checklist is a guide to help determine the general status of indoor air quality in your home.*

### Sources of Indoor Contaminants

- ☐ Do any household members smoke?
- ☐ Do you have any unvented gas appliances?
- ☐ Do any furry pets live indoors?
- ☐ Are insecticides or pesticides used indoors?
- ☐ Are cars parked in an attached enclosed garage?
- ☐ Are any of the following hobbies conducted indoors: woodworking, jewelry making, pottery or model building?
- ☐ Is part of your living area below ground?
- ☐ Is your home insulated with ureaformaldehyde or asbestos?
- ☐ Do burner flames on gas heating or cooking appliances appear yellow instead of blue?

### Strength of Indoor Contaminants

- ☐ Are there unusual and noticeable odors?
- ☐ Is the humidity level unusually high or is moisture noticeable on windows or other surfaces?
- ☐ Does the air seem stale?
- ☐ Is the house temperature unusually warm or cold?
- ☐ Is there a noticeable lack of air movement?
- ☐ Is dust on the furniture noticeable?
- ☐ Is dust or dirt staining the walls, ceiling, furniture or draperies?

### High-Risk Household Members

- ☐ Are any household members less than four years old or more than 60 years old?
- ☐ Is anyone normally confined to the house more than 12 hours per day?
- ☐ Does anyone suffer from COPD, asthma or bronchitis, allergies or heart problems?